Halloween Party Mash licensed to Fitadelphia by gballx.

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What's Eating You Kid?

https://whatseatingyoukid.club

- The FDA says a "little bit" won't hurt, but we are encountering more than just a "little bit" of these 16 Monsters on a daily basis.
 - What's Eating You Kid? reveals where these Monsters are hiding.
 - Use this Monster Tracker to keep track of your progress.
 - Mash those Monsters!
 - (Enter today's date. Scroll down to stop music.)

TODAY'S DATE :

Interactive PDF created by Steven Star Israel



Breakfast

Lunch



Dinner Snack Water

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Breakfast

Lunch

		Copyrigh

Snack Dinner Water

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Breakfast Lunch



Dinner

Snack



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Breakfast Dinner Lunch







Snack



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Breakfast Snack Dinner Lunch

HOW MANY & OZ GLASSES OF WATER DID YOU DRINK TODAY?

https://whatseatingyoukid.club

Water

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Exercise



Breakfast Dinner Water Snack Lunch HOW MANY MINUTES DID YOU EXERCISE TODAY?

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Exercise